

## IKO POLAND SUMMER CAMP 2024

### Information

**Dates:** August 15 - 18, 2024

**Training place:** KUL sports hall, Lublin, Konstanynow 1G st.

**Accommodation:** Student Dorms of Catholic University (KUL), Lublin, Konstanynow 1Dst.

First training will take place on 15th August (Thursday) at 15:30

The camp will end on 18th August (Sunday) at 12:00

#### **Cost of the Camp**

participation in the camp: 130 Euro

accommodation, meals: 120 Euro

Sayonara party: 35 Euro

August 15, 2024 (Thursday) - program

10:00 to 15:00 accommodation and registration

We will register participants of Kyu and Dan (1-4) exams at the same time.

Exam fee (participation in the exam) 1st – 4th Dan - 200 \$.

People who wish to take the exam for 2nd – 4th dan must have a valid IKO Judge license.

10:00 to 12:00 first session of Judges Seminar led by Shihan Katsuhito Gorai and Shihan Yuji Shin.

This year's judging seminar will focus on kata judging. During the judge seminar all IKO rules will be covered in detail. After the seminar you can take the exam for IKO Judge level "AJ" or "J".

Everyone who plans to take active role in judging IKO tournaments is allowed to partake in the seminar, however for test the minimum requirement is a shodan. License level Exam fee Registration fee

AJ 150 \$, J 300 \$, Update fee for 2024 30 \$

#### **Schedule:**

- practic kihon-geiko, ido-geiko, kumite and kata with its interpretation (bunkai).
- technique and tactics of Kyokushin karate combat
- exams up to 4th Dan

This year, Shihan Gorai and Shihan Shin will conduct a Judge seminar on a much larger scale than usual. It will be aimed at preparing judges to evaluate kata during international competitions.

#### **Reservation of place and payment:**

Reservations can be made from July 12, 2024 by registering at [www.mykyokushin.net](http://www.mykyokushin.net) and paying the first installment of 50 Euro (or the entire amount) to the organizer's account. The remainder of the payment is due by August 5, 2024. Please title your money transfer using full name and adding "IKO Camp".

The remainder of the payment must be made by August, 5 2024 or paid in cash on arrival.

**Organizer's account: 32 8187 0004 2001 0340 0135 0001**

IBAN: PL SWIFT code: POLUPLPR

Attention! People who need an additional night from August 14 to August 15 are asked to mark this option in the registration form. The cost of an additional night is 20 Euro (meals not included).

Shihan Jacek Czerniec

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Osu!