

38TH EUROPEAN WEIGHT CATEGORY KARATE CHAMPIONSHIPS 24TH-25TH MAY 2025 WARSAW, POLAND

Place: Sports Hall “Arena Ursynów”, ul. Rotmistrza Witolda Pileckiego 122 st,
Warsaw, Poland

Date: May 24th – 25th 2025

Organizer:

International Karate Organization Kyokushinkaikan - Poland
Shihan Jacek Czerniec, IKO Poland Branch Chief
Masters Dojo Warsaw Martial Arts Academy – Sensei Piotr Moczydłowski, IKO DOP

Honorary Patronage:

1. Mayor of Warsaw
2. Marshal of the Masovian Voivodeship

More info: www.ikopoland.com

Contact: ikopoland@gmail.com, Shihan Jacek Czerniec phone +48 602 757 003

Registration: the registration process will take place via the website: mykyokushin.net
between **February 21 - April 23**.

Official Hotel:

ARCHE*** PUŁAWSKA RESIDENCE, Puławska 361 Street, 02-801 Warsaw

([Google maps link: https://maps.app.goo.gl/rjEUzh28fAmuQjm16](https://maps.app.goo.gl/rjEUzh28fAmuQjm16)),

location from Sports hall: 5 min by car, 10-20 min by bus, 25 min walk.

Hotel reservations must be made **until March 24**, 2025 via. mykyokushin.net, questions
regarding hotel and organization: EC@mastersdojo.pl, tel. [+48501500914](tel:+48501500914).

The number of rooms is limited.

Price in an official hotel ARCHE*** PUŁAWSKA RESIDENCE

1. Single room with breakfast per night per person – **85 EUR** (360 PLN)
2. Double room with breakfast per night per person – **50 EUR** (210 PLN)
3. Triple room with breakfast per night per person – **45 EUR** (180 PLN)

All reservations require payment and are non-refundable.

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Nearest airports: Warsaw-Chopin Airport <https://www.lotnisko-chopina.pl/>

Warsaw-Modlin Airport <https://www.modlinairport.pl/>

Fees (*Polish competitors payment in PLN only):

KATA	KUMITE	KATA+KUMITE	TEAM KATA	SAYONARA PARTY	OFFICIAL T-SHIRT
100 EURO or 435 PLN	100 EURO or 435 PLN	150 EURO or 650 PLN	180 EURO (per team) or 780 PLN	60 EURO or 260 PLN	23 EURO or 90 PLN

Payment for each registered competitor must be made by bank transfer until May 7 or in cash on the spot on May 23. If you pay by bank transfer, you must have the transfer confirmation printed during verification.

Organizer's bank account number for payments in PLN:

name: Masters Dojo WASW address: Van Gogha 9b/9, 03-188 Warsaw

bank: PKO BP

number: 96 1020 1042 0000 8302 0610 5052

swift: BPKOPLPW

iban: PL

Organizer's bank account number for foreign payments in euro:

name: Masters Dojo WASW address: Van Gogha 9b/9, 03-188 Warsaw

bank: PKO BP

number: 74 1020 1042 0000 8202 0616 4182

swift: BPKOPLPW

iban: PL

All age categories are determined as of May 24th, 2025

All participants and team members of the Championships must have a valid insurance.

The organizer does not provide any insurance and does not take responsibility in this area.

38TH EUROPEAN WEIGHT CATEGORY KARATE CHAMPIONSHIPS

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The 38th European Weight Category Karate Championship:

KUMITE Juniors (Prizes for places 1st, 2nd, 3rd, 3rd - no fights for 3rd place)

BOYS			
Category	Weight Categories	Mandatory protective gear	Match duration
8 - 9 y.o. NEW!	-25kg; -30kg; -35kg; +35kg;	Head gear (with face cover), Body protectors, Groin cup, Fist guards, Shin pads, Knee protection, (IKO standard)	Elimination and finals round: 90 seconds -> 90 seconds
10-11 y.o.	-30kg; -35kg; -40kg; -45kg; +45kg;	Head gear (with face cover), Body protectors, Groin cup, Fist guards, Shin pads, Knee protection, (IKO standard)	Elimination and finals round: 90 seconds -> 90 seconds
12-13 y.o.	-40kg; -45kg; 50kg; -55kg; +55kg;	Head gear (with face cover), Body protectors, Groin cup, Fist guards, Shin pads, Knee protection, (IKO standard)	Elimination and finals round: 90 seconds -> 90 seconds
14-15 y.o.	-50kg; -55kg; -60kg; -65kg; -70kg; -75kg; +75kg;	Head gear (with face cover), Groin cup, Fist guards, Shin pads, Knee protection, (IKO standard)	Elimination and finals round: 120 seconds -> 120 seconds
16-17 y.o.	-55kg; -60kg; 65kg; -70kg; -75kg; 80kg; +80kg;	Head gear (no face cover), Groin cup, Fist guards, Shin pads, Knee protection, (IKO standard) Optional: Mouth guard	Elimination and finals round: 120 seconds -> 120 seconds

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GIRLS			
Category	Weight	Mandatory protective gear	Match duration
8 - 9 y.o. NEW!	-25kg; -30kg; +30kg;	Head gear (with face cover), Body protectors, Groin cup, Fist guards, Shin pads, Knee protection, (IKO standard)	Elimination and finals round: 90 seconds -> 90 seconds
10-11 y.o.	-30kg; -35kg; -40kg; -45kg; +45kg:	Head gear (with face cover), Body protectors, Fist guards, Shin pads, Knee protection, (IKO standard)	Elimination and finals round: 90 seconds -> 90 seconds
12-13 y.o.	-40kg; -45kg; -50kg; +50kg;	Head gear (with face cover), Body protectors, Fist guards, Shin pads, Knee protection, (IKO standard)	Elimination and finals round: 90 seconds -> 90 seconds
14-15 y.o.	-50kg; -55kg; -60kg; +60kg;	Head gear (with face cover), Breast pads, Fist guards, Shin pads, Knee protection, (IKO standard)	Elimination and finals round: 120 seconds -> 120 seconds
16-17 y.o.	-50kg; -55kg. -60kg; -65kg; +65kg.	Head gear (no face cover), Breast pads, Fist guards, Shin pads, Knee protection, (IKO standard) Optional: Mouth guard	Elimination and finals round: 120 seconds -> 120 seconds

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KUMITE +18 years old (Prizes for places 1st, 2nd, 3rd, 4th - will fight for 3rd place)

Category	Weight Categories	Mandatory protective gear	Match duration
Men	-60 kg; -70 kg; -80 kg; -90 kg; +90 kg	Groin cup, Optional: Mouth guard	Elimination round: 2 minutes -> 2 minutes Semifinals and finals round: 3 minutes -> 2 minutes -> 2 minutes -> weight (3kg) -> 2 minutes (mandatory decision)
Women	-55 kg; -65 kg; +65 kg	Breast pads, Optional: Mouth guard	

Kumite Seniors Men (Prizes for places 1st, 2nd, 3rd, 3rd - no fights for 3rd place)

Category	Weight	Mandatory protective gear	Match duration
Men: 35-44 y.o.	-75kg NEW! -85kg; +85kg;	Head gear (no face cover), Groin cup, Fist guards, Shin pads, Knee protection (IKO standard), Optional: Mouth guard	elimination and finals round: 90 seconds -> 90 seconds
Men: 45 and over y.o.	-75kg NEW! -85kg; +85kg;	Head gear (no face cover), Groin cup, Fist guards, Shin pads, Knee protection (IKO standard), Optional: Mouth guard	elimination and finals round: 90 seconds -> 90 seconds

Kumite Seniors Women (Prizes for places 1st, 2nd, 3rd, 3rd - no fights for 3rd place)

Category	Weight	Mandatory protective gear	Match duration
Women: +35 y.o. NEW!	-55kg -65kg; +65kg;	Head gear (no face cover), Girls groin guard, Breast pads, Fist guards, Shin pads, Knee protection (IKO standard), Optional: Mouth guard	elimination and finals round: 90 seconds -> 90 seconds

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KATA Juniors (Prizes for places: 1st, 2nd, 3rd)

BOYS kata category	GIRLS kata category	Kata Elimination	Kata Final (for top 6 only)
Boys: 8 -9 y.o. NEW!	Girls: 8 - 9 y.o. NEW!	Pinan Sono Ichi	Pinan Sono Ni
Boys: 10-11 y.o.	Girls: 10-11 y.o.	Pinan Sono Ichi	Pinan Sono Ni
Boys: 12-13 y.o.	Girls: 12-13 y.o.	Pinan Sono San	Pinan Sono Yon
Boys: 14-15 y.o.	Girls: 14-15y.o.	Tsuki No Kata	Gekisai Sono San
Boys: 16-17 y.o.	Girls: 16-17 y.o.	Gekisai Sono San	Bassai

KATA+18 years old (Prizes for places: 1st, 2nd, 3rd)

Men Kata Category	Women Kata Category	Kata Elimination	Kata Final (for top 6)
Men 18-34 y.o.	Women 18-34 y.o.	Bassai	Kanku
Men 35-49 y.o.	Women 35-49 y.o.	Saifa	Sushiho
Men +50 y.o.	Women +50 y.o.	Saifa	Seienchin

TEAM KATA		
Category	Kata Elimination	Kata Final (for top 6)
Team Kata (3 - 5 people, duration less than 5 min) Open to all age and gender		Any Kyokushin Kata except for Ura, Sanchin, Tensho, Bassai and Tekki.

Competitors must have their own personal protective equipment. Organizer will provide only body protectors.

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SCHEDULE:

May 23rd (Friday) - Sports Hall "Arena Ursynów", ul. Rotmistrza Witolda Pileckiego 122 st, Warsaw

10:00 - 18:00 Verification of all participants

To pass the verification you must bring: IKO Membership Card, Passport/ID, Doctor's Agreement, Waiver form, Dogi jacket, protectors set (head protectors can only be white colour). If the competitor does not have the proper pads, he will have to buy them on the spot during verification.

Dogi must have kanji on the chest.

No other symbols may be worn on Dogi (sweatshirt and pants).

Seconds Dress Code:

All seconds must wear white shirt with collar and simple grey, black or navy color (no patterns) pants. No sandal, No heels, No Bare foot (Must wear shoes). These rules also apply for fighters being seconds for other fighters.

15:00-17:30 Judge Seminar (with exam)

17:30 European Meeting of BC's and DO's

May 24th (Saturday) - Sports Hall "Arena Ursynów", ul. Rotmistrza Witolda Pileckiego 122 st, Warsaw

9:00 Doors open

9:30 Judge briefing

10:00 Start of the competition - The 38th European Weight Category Karate Championship (Juniors)

May 25th (Sunday) - Sports Hall "Arena Ursynów", ul. Rotmistrza Witolda Pileckiego 122 st, Warsaw

9:00 Doors open

10:00 Official opening ceremony

10:30 Start of the competition - The 38th European Weight Category Karate Championship (+18 years old, Seniors +35 old)

20:00 Sayonara Party – official hotel ARCHE*** PUŁAWSKA RESIDENCE, Puławska 361 Str, Warsaw

May 26th (Monday)

9:30 – 11:00 Technical Seminar

Organizational details will be published on the ikopoland.com website and sent to the email addresses provided in the registration.

Osu!